How might your schedule change?

Time of Day	My Life Now	With a Child
Time or Buy	,	
12am—6am		
6am—7am		
7am—8am		
8am—9am		
9am—10am		
10am—11am		
11am—12pm		
12pm—1pm		
1pm—2pm		
2pm—3pm		
3pm—4pm		
4pm—5pm		
5pm—6pm		
6pm—7pm		
7pm—8pm		
8pm—9pm		
10pm—11pm		
11pm—12am		





Adoption Center of Illinois at Family Resource Center

Thinking about

Parenting vs

Adoption

Our Help, Your Decisions

5828 N. Clark Chicago, Illinois 60660 Tel. 773-334-2300 Fax 773-334-8228

www.adoptillinois.org (800) 676-2229 24 hours / 7 days Questions and Activities to help you think through your decision

Questions to Consider

- Whose role will it be to raise the child? (yours, your parents, a relative, the baby's father?)
- What kind of support do you anticipate coming from the father?
- How will caring for a baby effect you going to school or work?
- Do you have a job or other means of financial support?
- Do you have a steady, affordable source of childcare?
- What does your support system look like? How reliable are they?
- Do you see that support system changing in the future?
- How might having a baby effect your life socially?
- How might your day to day schedule change if you had a baby? What kinds of things would change or stay the same?
- What long term goals do you have for yourself? How will having a baby affect these goals?
- Do you have information on all the options available?

What would you like your life to look like		
5 years down the road?		

How might a child impact your plan?

Challenges or Fears About:

Adoption

Parenting

Positive Thoughts About:

Adoption

Parenting

My Budget

What kinds of things would you spend money on every month?

Item	Cost
	Total:

What does the baby need?

What do you need?

What bills might you have each month?